| Scientific Name | Common Name | Bloom Period | Habitat | Attracts |
|----------------------------|---------------------------|----------------|---------------------------------------|------------------------------|
| | | | Widespread in dry to semi-moist | |
| Achillea millefolium | yarrow | March-October | habitats. | Butterflies, bees, beetles |
| | | | Dry, open slopes from valleys to mid- | Butterflies, bees, |
| Agastache urticifolia | nettle-leaf giant hyssop | May-August | elevation. | hummmingbirds |
| | | | Open forests, canyon shrubland, | Butterflies, bees, |
| Amelanchier alnifolia | serviceberry | April-July | hillsides, wide elevational range. | hummingbirds |
| | | | Open mountain forests from low to | |
| Aquilegia formosa | western (Sitka) columbine | June-July | mid-elevation. | Primarily hummingbirds |
| | | | Moist to seasonally moist riparian | Butterflies, bees, |
| Asclepias speciosa | showy milkweed | June-August | zones, ditches, vernal areas. | hummmingbirds |
| | | | Shrub-steppe, prairie-grasslands, | |
| Balsamorhiza sagittata | arrowleaf balsamroot | April-July | open pine forests. Low to mid | Butterflies and bees. |
| | | | Open forest and grassy, rocky areas | |
| Campanula rotundifolia | hairbell | June-September | from low elevations to alpine. | Primarily bees. |
| | | | Dry to moist open mountain slopes | |
| Ceanothus sanguineus | red-stem ceanothus | May-June | and forest openings, from low to | Bees and butterflies |
| | | | Disturbed openings, especially after | |
| Chamaenerion angustifolium | fireweed | May-September | fire, from low elevations to | Bees, flies, hummingbirds. |
| | | | Mountain slopes to mid-elevation in | |
| Clematis occidentalis | Columbia clematis | April-July | forest openings, shrub thickets, | Bees and hummingbirds |
| | | | Vernally moist pockets, riparian | |
| Crataegus douglasi | black hawthorn | May-June | zones, forest openings and edges to | Bees, butterflies, moths |
| | | | Prairies and forest openings from | Bees, flies, wasps, |
| Erigeron speciosus | showy fleabane | June-August | low to mid-elevations. | butterflies. |
| | | | | Bees, flies, wasps, beetles, |
| Eriogonum compositum | northern buckwheat | May-July | Dry, open areas, rocky slopes. | butterflies. |
| | | | Grass knolls, alpine ridges, once | |
| Eriogonum flavum | yellow buckwheat | June-August | occurred on top of Moscow | Primarily bees. |
| | | | Prairies, open ponderosa pine | |
| Eriogonum heracleoides | Wyeth's buckwheat | May-July | forests, rocky ridges with deeper | Butterflies, bees, beetles. |
| | sulfur-flowered | | Sagebrush lowlands to alpine areas. | |
| Eriogonum umbellatum | buckwheat | June-September | Dry sites. | Bees, butterflies, moths. |

| Scientific Name | Common Name | Bloom Period | Habitat | Attracts |
|--------------------------|-------------------------|----------------|---------------------------------------|--------------------------|
| | | | Prairie balds and open forests to | |
| Erythronium grandiflorum | glacier lily | March-August | subalpine elevations. | Primarily bumblebees |
| | | | Lower to mid-elevation open, dry | |
| Gaillardia aristata | blanketflower | May-September | areas. | Beetles and bees |
| | | | Palouse Praire grasslands, moist | |
| | | | meadows, open forests to mid- | |
| Geranium viscosissimum | sticky geranium | May-July | elevation. | Bees, flies, butterflies |
| | | | Vernally moist areas in prairies and | |
| Geum triflorum | prairie smoke | April-August | open forests. | Bumblebees |
| | | | Dry prairies and dry, open forests | Bees, especially mason |
| Helianthella uniflora | little sunflower | May-June | from low to mid-elevations. | bees |
| | | | Prairie and dry open forest at low to | |
| Hieracium scouleri | western hawkweed | June-August | mid-elevation. | Primarily bumblebees |
| | | | Vernally moist areas in grassland | |
| | | | and open forest from foothills to | |
| Hydrophyllum capitatum | dwarf waterleaf | March-July | high elevation. | Primarily bees and ants |
| | | | Open areas valleys to prairies to mid | |
| Lomatium dissectum | fern-leaf lomatium | April-June | elevation mountains. | Butterflies and bees |
| | | | Open slopes in foothills, often with | |
| Lomatium gormanii | Gorman's desert parsley | February-May | sagebrush. Prairie remnants. | Flies, bees, and beetles |
| | nine-leaf(triternate) | | Open prairie and hills, open forest | |
| Lomatium triternatum | Iomatium | April-July | to mid-elevation, often drier sites. | Primarily bees |
| | | | | Hummingbirds, bees, |
| Lonicera ciliosa | orange honeysuckle | May-June | Mid elevation open to dense forest. | moths and butterflies. |
| | | | Moist openings or edges of forest | Hummingbirds and |
| Lonicera involucrata | bearberry honeysuckle | April-August | from low to subalpine elevations. | butterflies. |
| | | | Moist areas, from lowland | |
| Lupinus polyphyllus | big-leaf lupine | June-September | streambanks to alpine moist sites. | Bees and hummingbirds |
| | | | Sagebrush lowlands to moderate | |
| Lupinus sericeus | silky lupine | May-August | elevation forest openings. | Bees and hummingbirds |
| | | | | Bees, moths, butterflies |
| Mahonia aquifolium | tall Oregon grape | March-May | Sagebrush slopes to open forest. | and hummingbirds |

| Scientific Name | Common Name | Bloom Period | Habitat | Attracts |
|-----------------------|---------------------------|----------------|---------------------------------------|--------------------------|
| | | | | Bees, moths, butterflies |
| Mahonia repens | creeping Oregon grape | April-June | Valleys to open forest slopes. | and hummingbirds |
| | | | Open meadows, riparian zones, | Bees, hummingbirds, |
| Penstemon attenuatus | taper-leaf penstemon | June-August | forests from lowlands to subalpine | butterflies and moths |
| | | | Rocky soil on open slopes and forest | Bees, butterflies and |
| Penstemon confertus | lesser yellow beardtongue | May-August | openings | hummingbirds |
| | | | Dry sites at mid-moderate | |
| Penstemon deustus | hot rock penstemon | May-July | elevations | Primarily bees and wasps |
| | | | Rocky soils from foothills to high | |
| Penstemon fruticosus | shrubby penstemon | May-August | elevations | Bees and hummingbirds |
| - | | | Talus, rocky soils, dry ridges, dry | Bees, hummingbirds and |
| Penstemon venustus | elegant beardtongue | May-August | forests and grasslands. | butterflies |
| | | | Flat- moderate open slopes or forest | Many species of |
| Penstemon wilcoxii | Wilcox penstemon | May-July | openings, moist in spring | bumblebees |
| | | | Forest edges, prairie, vernally moist | |
| Perideridia montana | Montain yampah | July-September | areas from low to mid-elevation. | Bees and butterflies |
| | | | Dry, open areas with well-drained | Bees, butterflies and |
| Phacelia hastata | silverleaf phacelia | May-August | soils, low to high elevations. | moths |
| | | | Prairie, dry open pine forests from | |
| Phacelia heterophylla | varileaf phacelia | May-July | low to mid-elevation. | Primarily bees |
| | | | Dry to moist shrub fields or open | |
| | | | forest from low to middle mountain | |
| Philadelphus lewisii | syringa | May-June | elevations. | Bees and butterflies |
| | | | Palouse Prairie, moist areas in | |
| | | | sagebrush, mountain forests, alpine | |
| Potentilla gracilis | slender cinquefoil | May-July | meadows. | Primarily bees |
| | | | Seasonally moist sagebrush and | Hummingbirds, bees, |
| Ribes aureum | golden currant | April-May | forest, wet meadows, riparian. | butterflies |
| | | | Moist and riparian areas from low to | |
| Salix bebbiana | Bebb's willow | April-June | moderate mountain elevations. | Primarily bees |
| | | | Moist woods and snowmelt areas | |
| | | | low to moderate elevations. (Upland | |
| Salix scouleriana | Scouler's willow | March-June | willow.) | Primarily bees |

| Scientific Name | Common Name | Bloom Period | Habitat | Attracts |
|----------------------------|-------------------------|----------------|---------------------------------------|------------------------------|
| | | | Dry gravel or rocky areas from low | |
| Sedum lanceolatum | lance-leaved stonecrop | May-August | to high elevations. | Bees, butterflies, and flies |
| | | | Rocky tops of prairie buttes and dry | |
| Sedum stenopetalum | wormleaf stonecrop | May-July | ponderosa pine forest. | Primarily bees |
| | | | Semi-dry open plains to montane | Butterflies, moths and |
| Solidago missouriensis | Missouri goldenrod | June-October | forests at mid-elevations. | bees |
| | | | Moist grasslands, meadows, and | |
| Symphyotrichum ascendens | intermountain aster | July-October | forest openings. | Primarily bees and flies |
| | | | Palouse Prairie and open forest with | Bees, wasps, beetles, and |
| Symphyotrichum jessicae | Jessica's aster | July-September | shrubs. | butterflies |
| | | | Meadows, grassy forest openings | Bees, butterflies, and |
| Symphyotrichum spathulatum | western aster | July-September | from mid-elevation to subalpine. | beetles |
| | | | Prairies, balds, and open pine forest | Co-dependent mining bee |
| Toxicoscordion venenosum | meadow death camas | April-June | from low to mid-elevations | Andrena astragali |
| | | | Dry to moist meadows and open | |
| Viola adunca | early blue violet | April-August | forests. | Bees, butterflies and flies |
| | | | | |
| Viola orbiculata | evergreen yellow violet | April-August | Open forest mid- to high-elevation. | Primarily bees |

This and more information can be found at: https://whitepineinps.org/WPlandsc.html

(Revised by JLFerguson May 2023)

White Pine Chapter of the Idaho Native Plant Society loosely covers five Idaho counties: Latah, Nez Perce, Clearwater, Lewis and Idaho. These native plant species are found in various habitats within those counties. This is not an exhaustive species list. It will be revised. Bees include native bumblebees, leafcutter bees, sweat bees and mining bees, as well as, honeybees. Pollinating flies, such as syphids, are attracted to native flowers. Wasps, ants, moths, butterflies, and hummingbirds help pollinate flowers while searching for nectar. Beetles that are attracted to flowers are not numerous, but one example is the rove beetle.